Role of wind-driven upwelling in the Atlantic Meridional Mode

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1 Abstract

The role of wind-driven upwelling in the Atlantic Meridional Mode (AMM) is examined using observations and reanalysis products. It is found that upwelling plays an important role in the AMM through its influence on sea surface temperature (SST) in the equatorial North Atlantic (ENA: 2°N-8°N). During a positive phase of the AMM, anomalously weak upwelling and a deeper than normal thermocline in the ENA drive an anomalous increase in SST. Conversely, anomalously strong upwelling and a shallower than normal thermocline lead to anomalous cooling of SST in the ENA during negative AMM phases. The influence of wind-driven upwelling on the AMM is strongest during the seasonal peak of the AMM in boreal spring. This is the season when there is mean upwelling the ENA and the thermocline depth in the ENA is at its seasonal minimum. Evidence is found for positive feedback between anomalies of wind-driven 12 upwelling in the ENA and the cross-equatorial gradient of SST. These results help to 13 explain aspects of the AMM that cannot be explained solely by thermodynamic air-sea 14 interactions.

₆ 1 Introduction

The Atlantic Meridional Mode (AMM) is the strongest source of coupled ocean atmosphere variability in the tropical Atlantic on interannual to decadal timescales. It
is characterized by an anomalous meridional gradient of sea surface temperature (SST)
across the equator and a meridional displacement of the rain-producing intertropical
convergence zone (ITCZ) [Nobre and Shukla, 1996; Fig. 1]. Rainfall in Northeast Brazil
and tropical cyclone activity in the North Atlantic are influenced by the AMM through
its control over the position of the ITCZ and atmospheric circulation in the tropical

North Atlantic [Hastenrath and Greischar, 1993; Vimont and Kossin, 2007].

The AMM is most pronounced during boreal spring, when SSTs in the equato-25 rial Atlantic are warmest climatologically and the Atlantic ITCZ is most sensitive to changes in the cross-equatorial gradient of SST [Chiang et al., 2002]. Positive windevaporation-SST (WES) feedback has been shown to contribute to the growth of the AMM and the southward propagation of SST and surface wind anomalies in the tropical North Atlantic [Chang et al., 1997; Xie, 1999]. Recent studies suggest that oceanic 30 mixed layer dynamics associated with wind-driven upwelling and equatorial waves gov-31 ern SST variability in the tropical Atlantic equatorward of 15° [Barreiro et al, 2005; Rodrigues et al., 2011; Foltz et al., 2011. However, these analyses were limited either to specific ENSO years [Barreiro et al., 2005; Rodriques et al., 2011] or to a particular AMM event [Foltz et al., 2011]. Here we investigate the contribution of wind-driven 35 upwelling to the AMM during 1982–2010.

$_{\scriptscriptstyle 7}$ 2 Data and methodology

Several satellite-based datasets and reanalysis products are used in this study. A combined satellite-in situ SST product is available weekly for the period 1981–2010 on a 1° grid [Reynolds et al., 2002]. We use daily-averaged surface winds, specific humidity, air temperature, and shortwave radiation on a 2° grid from the NCEP/NCAR reanalysis, available during 1948–2010 [Kalnay et al., 1996]. Monthly averages of NCEP/NCAR reanalysis wind speed, specific humidity, and air temperature, together with Reynolds et al. [2002] SST, are used in the Fairall et al. [2003] bulk flux algorithm to calculate the surface latent heat flux (LHF) during 1982–2010. Daily surface shortwave radiation (SWR) is available from a satellite-based dataset on a 2.5° grid for 1983–2008

[Zhang et al., 2004]. These data are averaged to monthly means, and the time series is extended back to 1982 and forward through 2010 by adding NCEP/NCAR reanalysis

SWR anomalies to the Zhang et al. [2004] monthly mean climatology.

Monthly averaged subsurface temperature and salinity are available during 1980–
2010 on a $\frac{1}{3}$ °-lat×1°-lon grid from the Global Ocean Data Assimilation System (GODAS) produced at NCEP [Behringer and Xue, 2004]. Mixed layer depth (MLD) is
calculated from GODAS temperature and salinity using the criterion of a 0.07 kg m⁻³
increase in density from a depth of 5 m, following de Boyer Montégut et al. [2007]. We
restrict our analysis to the 1982–2010 period, when all datasets are available.

The AMM here is defined as the first EOF of detrended SST averaged during
March-May for 1982–2010, after removal of the monthly mean climatology at each grid
point. The first EOF explains 59% of the SST variability, compared to 18% and 6%
for the second and third EOFs, respectively. The spatial pattern of SST, winds, and
rainfall associated with the AMM agrees well with that of *Nobre and Shukla* [1996],
which is based on different datasets and an earlier time period (Fig. 1a).

A simplified mixed layer temperature balance equation is used to assess the importance of LHF, SWR, and wind-driven upwelling for generating SST anomalies associated with the AMM:

$$\frac{\partial SST}{\partial t} = \frac{LHF + SWR}{\rho c_n h} - Hw_e \frac{\partial T}{\partial z} \tag{1}$$

Here h is the MLD, H is equal to zero when $w_e < 0$ and one when $w_e > 0$, w_e is winddriven upwelling (positive upwards), calculated from NCEP/NCAR reanalysis winds using Ekman dynamics modified by linear friction and following Foltz et al. [2011], and $\partial T/\partial z$ is the vertical temperature gradient below the mixed layer (see Auxiliary Text and Figs. S1–S3 for details of this calculation and a description of the associated uncertainties). Note that the upwelling term implicitly includes forcing from equatorial waves through their influence on $\partial T/\partial z$. We have neglected the longwave radiation (LWR), sensible heat flux (SHF), and horizonal advection terms in (1) since LWR and SHF are weak compared to SWR and LHF, and horizontal advection provides weak damping of $\partial SST/\partial t$ associated with the AMM [Foltz and McPhaden, 2006]. The LHF and SWR terms are defined as positive when they act to increase SST. After calculating each term in (1) we compute anomalies at each grid point during 1982–2010 by subtracting the corresponding monthly mean seasonal cycle.

78 3 Results

During 1982–2010 there are noticeable interannual variations of the AMM as well as longer timescale variability (Fig. 1b). The strongest SST signal associated with the AMM is located in the northeastern tropical Atlantic, with two bands of enhanced SST variability extending westward near 18°N and southwestward from 10°N at the African coast to 5°N at 40°W (Fig. 1a). Surface wind anomalies are strongest between 5°S–5°N and between 20°N–25°N. The equatorial wind anomalies are associated with a pronounced anomalous northward shift of the ITCZ.

In agreement with previous studies, it is found that interannual to decadal variability of SST in the tropical North Atlantic (TNA: 8°N–25°N) associated with the AMM is driven primarily by surface heat fluxes. There are significant contributions from LHF and SWR anomalies and from anomalies of mixed layer depth, through their influence on the volume of ocean over which the climatological surface heat flux is absorbed [Figs. 2a,b and Figs. S4–S7; Carton et al., 1996; Tanimoto and Xie, 2002;

Foltz and McPhaden, 2006; Doi et al., 2010]. Anomalous thinning of the mixed layer during positive phases of the AMM is strongest between 15°N and 25°N and is driven by a decrease in turbulent mixing associated with a decrease in surface wind speed and increase in surface heat flux (Fig. 2a,b and Figs. S4–S7). In the remainder of this section only conditions associated with the positive phase of the AMM are discussed. The opposite conditions apply to negative phases since the analysis is linear.

In the equatorial North Atlantic (ENA: 2°N-8°N) SST variability associated with 98 the AMM is similar in magnitude to the variability in the TNA, and there is a similar 99 reduction in surface wind speed (Figs. 1a, 2a). However, the anomalous warming in 100 the ENA is less clearly linked to changes in the surface heat flux and mixed layer depth 101 (Fig. 2a,b). There is weak warming from wind-induced LHF that is counteracted by 102 strong cooling from a decrease in SWR due to the northward shift of the ITCZ. SST 103 in the ENA is likely to have a strong influence on surface winds and convection, and 104 hence the AMM, because of the close proximity of the ENA to the mean latitude of the 105 ITCZ and the high mean SSTs in the ENA (27°C averaged during MAM in the ENA, 106 comapared to 24°C in the TNA). We therefore analyze the causes of SST variability 107 in the ENA. 108

During positive phases of the AMM, there is significant anomalous deepening of
the thermocline in the ENA associated with anomalously weak upwelling and anomalous downwelling equatorial Rossby waves [Fig. 2c; Foltz and McPhaden, 2010]. The
weaker than normal wind-driven upwelling is driven primarily by the meridional component of the surface wind stress through a mechanism similar to that proposed by
Chang and Philander [1994] [Fig. 1a; Foltz et al., 2011]. The combination of anomalously weak upwelling and a deeper than normal thermocline (and hence anomalously

weak $\partial T/\partial z$ below the mixed layer) in the ENA results in an anomalous warming tendency of SST from the vertical advection term in (1) (Fig. 2c).

In order to investigate the temporal evolution of the SST balance in the ENA 118 region, we consider the terms in (1) averaged in the ENA and regressed onto the AMM time series in Fig. 1b. The regressions are performed from a lead of 4 months 120 (corresponding to the Dec before the Apr peak of the AMM) to a lag of one month 121 (corresponding to the May following the Apr peak) (Fig. 3). SST in the ENA increases 122 anomalously by about 0.1°C per month between Dec and Apr leading up to a positive 123 AMM event (Fig. 3a). Anomalous warming from LHF is strongest during Jan, when 124 surface winds are anomalously weak (Fig. 3b). During Feb-May there is weak and 125 statistically insignificant warming from LHF despite a significant reduction in wind speed. The weaker LHF-induced warming is due to negative feedback from the anoma-127 lous air-sea humidity difference, tending to cool SST anomalously. The SWR term 128 acts to cool SST anomalously in the ENA during Apr, when the northward anomalous 129 shift of the ITCZ is most pronounced (Figs. 1a, 3b). As a result, the combination 130 of anomalies in LHF and SWR tends to cool SST by 0.2°C during Dec-May, whereas 131 observed SST increases by 0.3°C (Fig. 3a,b). In contrast, the sum of LHF and SWR 132 in the TNA region explains the anomalous increase in SST there to within 0.1°C (Fig. 133 2 and Fig. S5). 134

The main cause of the anomalous increase in SST in the ENA during positive

AMM events is a reduction in cooling from vertical temperature advection. Vertical

advection tends to increase SST anomalously by 0.7±0.4°C during Dec–May, in agree
ment with the sum of the observed anomalous warming of 0.3°C and anomalous cooling

of 0.2°C from the surface heat flux. The strongest anomalous warming from vertical

advection occurs during MAM, when there is climatological upwelling in the ENA and
when anomalies of wind-driven upwelling therefore contribute to vertical temperature
advection through (1) (Fig. 3c and Fig. S1). Boreal spring is also the season when
the thermocline is shallowest climatologically and SST is therefore most sensitive to
anomalies in upwelling and thermocline depth [e.g., *Foltz et al.*, 2011]. Results are
similar for different ocean reanalysis products (Figs. S8, S9).

The importance of vertical advection in the SST balance of the ENA region, 146 combined with the efficiency with which meridional SST gradients drive surface winds 147 in the equatorial Atlantic [Chiang et al., 2001], suggests that there may be a positive 148 feedback between the cross-equatorial SST gradient (CESG), surface winds, and vertical temperature advection. If such a feedback were active, there should be significant 150 positive lead/lag correlations between the CESG and vertical temperature advection. 151 We would also expect the correlations to be nearly symmetric with respect to zero lag, 152 an indication that vertical advection drives variability of the CESG and vice versa. A 153 similar lagged correlation relationship would be expected between thermocline depth 154 and CESG since changes in thermocline depth, driven by wind-driven upwelling and 155 equatorial Rossby waves, affect vertical temperature advection through their influence 156 on $\partial T/\partial z$.

Consistent with a possible positive wind-vertical advection-SST feedback, the correlations between the CESG and vertical temperature advection and between the CESG and thermocline depth are both positive and significant at leads/lags of zero to three months (Fig. 4b). The correlations between CESG and thermocline depth are highly symmetric about zero lag, whereas the correlations between CESG and vertical advection are slightly higher when CESG leads (Fig. 4b). In contrast, the

lead/lag correlation plots of the CESG with wind speed and LHF peak when SST lags, 164 and compared to the correlations with vertical advection and thermocline depth, the 165 strengths of the wind and LHF correlations drop more rapidly when SST leads (Fig. 166 4a). It is therefore possible that positive wind-vertical advection-SST feedback is active 167 in the equatorial Atlatnic during AMM events and acts to sustain the AMM against 168 damping. It appears that WES feedback is weaker and that wind-induced evaporation 169 is driving a portion of the SST variability in the ENA, but not responding strongly to 170 the CESG. 171

¹⁷² 4 Summary and discussion

Mechanisms driving SST variability associated with the Atlantic Meridional Mode were investigated for the period 1982–2010. In agreement with previous studies, it 174 was found that the surface heat flux drives most of the SST variability in the tropical 175 North Atlantic (8°N-25°N). In the equatorial North Atlantic (2°N-8°N) anomalous 176 wind-driven convergence and deepening of the thermocline drive anomalous warming 177 of SST during positive AMM events, and conversely anomalous wind-driven divergence 178 and shoaling of the thermocline force anomalous cooling during negative AMM events. Statistical analysis suggests a positive feedback between the cross-equatorial gradient 180 of SST, surface equatorial winds, and vertical temperature advection may be active 181 in the equatorial North Atlantic during boreal spring. These results therefore offer 182 explanations for two aspects of the AMM that simple thermodynamically coupled 183 models cannot fully explain: The strong SST signal in the eastern equatorial North 184 Atlantic where wind-evaporation-SST feedback is weak [e.g., Chang et al., 2001], and 185 the timing of the peak of the AMM in boreal spring, when the thermocline is shallowest climatologically in the equatorial North Atlantic. Experiments with coupled models will be helpful for quantifying the contributions of wind-evaporation-SST feedback and wind-vertical advection-SST feedback to the AMM.

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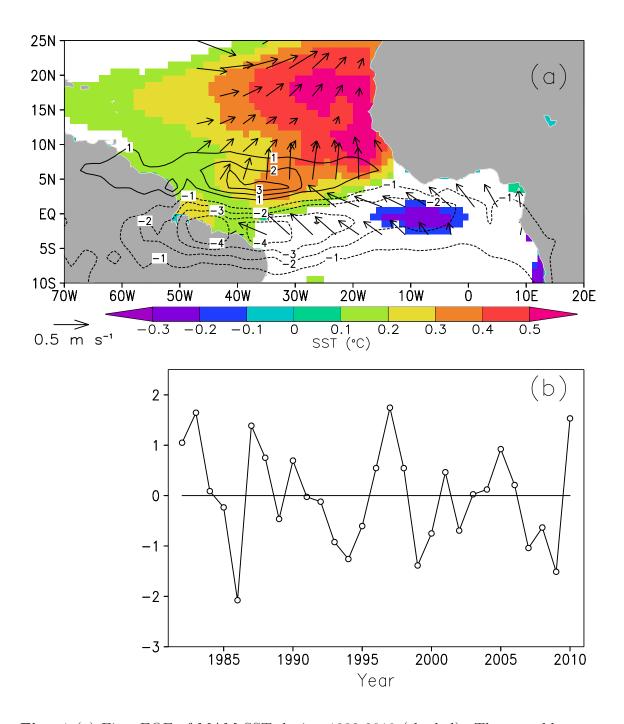


Fig. 1 (a) First EOF of MAM SST during 1982-2010 (shaded). The monthly mean seasonal cycle was removed before computing the EOF. Contours are GPCP rainfall (cm mo⁻¹) regressed onto the EOF time series, vectors are NCEP reanalysis surface winds. SST and rainfall are plotted only where significant at the 95% level. Wind vectors are plotted only where wind speed is significant at 95%. (b) Time series of the first EOF of MAM SST.

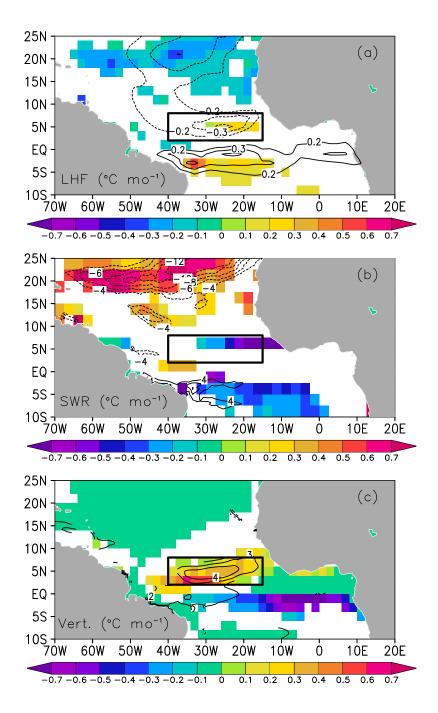


Fig. 2 (a) MAM wind speed (contours, m s⁻¹) and latent heat flux (shaded, °C mo⁻¹, positive indicates warming of the ocean) anomalies regressed onto the first EOF of MAM SST (shown in Fig. 1). Values are shown only where significant at the 95% level. (b) Same as (a) except anomalies of mixed layer depth (contours, m) and surface shortwave radiation (shaded, °C mo⁻¹). (c) Same as (a) except contours are thermocline depth (estimated as the depth of the 20°C isotherm in meters) and shading is vertical temperature advection at the base of the mixed layer (°C mo⁻¹). Boxes enclose the equatorial North Atlantic (ENA) region.

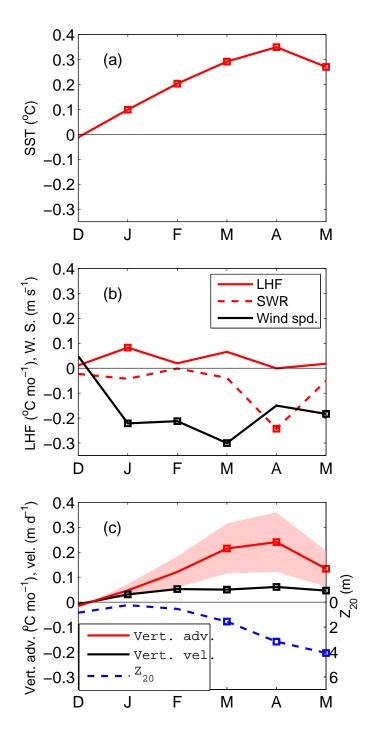


Fig. 3 (a) SST averaged in the ENA region (2°N-8°N, 15°W-40°W) and regressed onto the first EOF of MAM SST during Dec-May 1982-2010. Squares indicate regression coefficients that are significant at the 95% level. (b) Same as (a) except for latent heat flux (solid red), surface shortwave radiation (dashed red), and surface wind speed (black). (c) Same as (a) except for vertical advection at the base of the mixed layer (red, shading represents uncertainty estimates) and wind-driven upwelling (black, positive downward), and depth of the 20°C isotherm (dashed blue). Squares indicate values that are significant at the 95% level. Positive values of LHF, SWR, and vertical advection (red curves in (b) and (c)) indicate warming of SST.

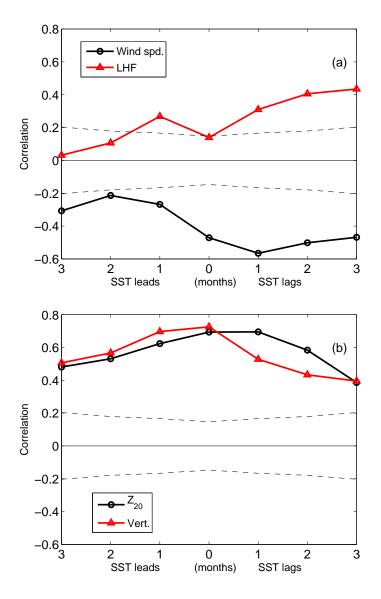


Fig. 4 (a) Lagged correlations of wind speed (solid black) and latent heat flux (red), averaged in the ENA region (2°N–8°N, 15°W–40°W), with the cross-equatorial gradient of SST, defined as SST in the ENA minus SST averaged between 0°–8°S, 0°–30°W. Correlations are performed for 1982–2010 during Jan–Jun. (b) Same as (a) except for depth of the 20°C isotherm (black) and vertical advection (red). Dashed lines are the 95% significance level.

57 Auxiliary Material

In this supplement we first present the details of the vertical temperature advection calculation. We then describe the SST balance in the tropical North Atlantic in more detail than was presented in the main text and compare the results using GODAS mixed layer depth, thermocline depth, and $\partial T/\partial z$ to those using SODA [Carton et al., 2000].

²⁶³ Vertical temperature advection

Vertical temperature advection at the base of the mixed layer (last term in the 264 right in (1)) depends on the rate of wind-driven upwelling and the vertical temperature 265 gradient. Ideally both of these quantities would be calculated at the base of the mixed 266 layer. In reality, it is difficult to calculate the depth-dependence of wind-driven cur-267 rents, so we rely on a bulk model that gives horizontal currents averaged in the upper 268 30 m [Lagerloef et al., 1999; Foltz et al., 2011]. The 30 m depth scale is close to the 269 average mixed layer depth of 33 m averaged in the equatorial North Atlantic during 270 MAM. 271

To calculate $\partial T/\partial z$ in (1), we assume that water upwelled into the mixed layer originated from a depth of 15 m below the base of the mixed layer. This value is in the middle of the range used in previous studies [McPhaden, 1982; Hayes et al., 1991; Wang and McPhaden, 1999; Foltz et al., 2010, 2011]. The vertical temperature gradient is then calculated between the base of the mixed layer and 15 m below the base of the mixed layer. Using a value of 15 m assumes that turbulent mixing extends 15 m below the base of the mixed layer, and that water entrained into the 15-m layer below the mixed layer is eventually incorporated into the mixed layer. The extension of turbulent mixing below the base of the mixed layer is a consequence of our choice

of a mixed layer depth criterion that is based on density instead of vertical mixing rate. Lower and upper bounds on vertical temperature advection are calculated using depths of 10 m and 20 m below the mixed layer, respectively, for the calculation of $\partial T/\partial z$. These bounds are shown as error bars in Fig. 3c.

Vertical advection in (1) affects SST only when there is wind-driven divergence and upwelling ($w_e > 0$). This criterion is met during MAM throughout most of the equatorial North Atlantic (Fig. S1). Anomalies of w_e and $\partial T/\partial z$ in this region therefore have the potential to exert a significant impact on SST and the AMM.

An alternative method of calculating the vertical heat flux at the base of the mixed layer is to assume that it is accomplished entirely through vertical turbulent diffusion, which can be parameterized in terms of a constant diffusivity coefficient, K_v [e.g., Hayes et al., 1991; Wang and McPhaden, 1999; Foltz et al., 2011]:

$$\left(\frac{\partial SST}{\partial t}\right)_{vert} = -\frac{K_v}{h} \frac{\partial T}{\partial z} \tag{2}$$

Here h is the mixed layer depth and $\partial T/\partial z$ is the temperature gradient between the 293 base of the mixed layer and 15 m below the base of the mixed layer. We use a value 294 of $K_v = 1 \times 10^{-4} \text{ m}^2 \text{ s}^{-1}$, which is in the lower end of the range found by *Hayes* et al. 295 [1991] and Wang and McPhaden [1999] in the Pacific. An upper bound on vertical tur-296 bulent diffusion is estimated using $K_v = 1.5 \times 10^{-4} \text{ m}^2$ and calculating $\partial T/\partial z$ between 297 the base of the mixed layer 20 m below the mixed layer. A lower bound is calculated using $K_v = 0.5 \times 10^{-4} \text{ m}^2$ and calculating $\partial T/\partial z$ between the base of the mixed layer 10 m below the mixed layer. The amplitude of the vertical diffusion term (2) is similar 300 to that of the vertical advection term (1) (Fig. S2). Both terms are strongest during 301 MAM and reach statistical significance during these months. The lead/lag correlations 302

with the cross-equatorial gradient of SST are also similar for advection and diffusion (Fig. S3).

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SST balance

Here we expand on the SST budget analysis presented in the main text by first 307 showing the terms in (1) in the tropical Atlantic during DJF (Fig. S4) and averaged 308 in the tropical North Atlantic (TNA: 8°N-20°N, 20°W-45°W) during Dec-May (Fig. 309 S5). We then discuss the contribution of the latent and shortwave heat fluxes (first 310 two terms on the left in (1)) to anomalous changes in SST (in °C mo⁻¹) in comparison 311 to the latent and shortwave fluxes (in W m⁻²) in order to show the role of anomalies 312 in mixed layer depth (Figs. S6, S7). Finally, we test the sensitivity of the SST balance results to the choice of reanalysis products by showing results based on SODA mixed 314 layer depth and $\partial T/\partial z$ (Figs. S8, S9). 315

During the three months prior to the peak of a positive AMM event (DJF), there 316 is a significant decrease in wind speed and a slight thinning of the mixed layer between 317 8°N-25°N (Fig. S4a,b). The competing SST tendencies from changes in wind-induced 318 LHF and mixed layer depth result in an insignificant contribution from the latent heat 319 flux to anomalous changes in SST. In contrast, the anomalous thinning of the mixed layer causes significant positive anomalies of shortwave radiation (Fig. S4b). There is 321 weak anomalous cooling from vertical advection during DJF in a large portion of the 322 tropical North Atlantic, but insignificant changes in vertical advection in the equatorial 323 North Atlantic ($2^{\circ}N-8^{\circ}N$). 324

The SST balance averaged in the TNA shows a significant anomalous increase in SST during Jan–May that is driven by significant positive anomalies of the shortwave

radiation term, tending to increase SST, partially balanced by negative anomalies 327 of latent heat flux (Fig. S5). Positive anomalies of the shortwave term are driven 328 primarily by the anomalous thinning of the mixed layer as opposed to changes in the 329 surface shortwave radiation (Figs. S6, S7). Negative anomalies of the latent heat flux 330 term are also caused mainly by anomalous thinning of the mixed layer. In contrast, in 331 the equatorial North Atlantic the contributions of shortwave and latent heat fluxes to 332 SST are mainly through changes in the surface fluxes themselves and not changes in 333 mixed layer depth (Figs. S6, S7). 334

In order to test the sensitivity of our results to the choice of ocean reanalysis prod-335 ucts, we have recalculated the SST budget analysis using SODA and NCEP/NCAR 336 reanalysis. The results are similar to those using GODAS and NCEP/NCAR (Figs. S8, 337 S9). Anomalies of latent, shortwave, and vertical advection are weak during DJF (Fig. 338 S8). There is significant cooling from the latent heat flux and warming from short-339 wave during MAM that is driven mainly by anomalous thinning of the mixed layer 340 (Fig. S9a,b). There is also significant warming from the vertical advection term in the 341 equatorial North Atlantic during MAM and cooling along and south of the equator, in 342 agreement with the results based on GODAS (Fig. S9c). 343

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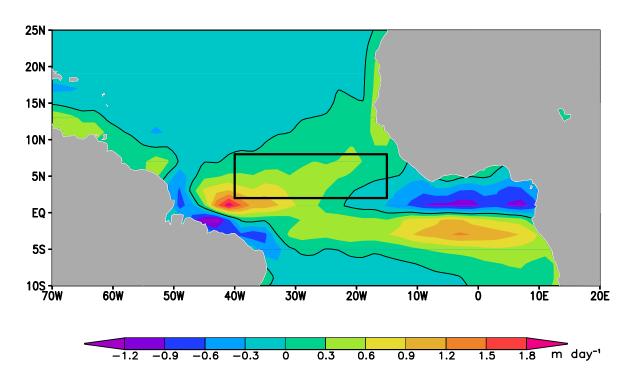


Fig. S1 Climatological MAM wind-driven upwelling (positive upward) during 1982–2010. The zero contour is shown as a black line. Black box encloses the equatorial North Atlantic region.

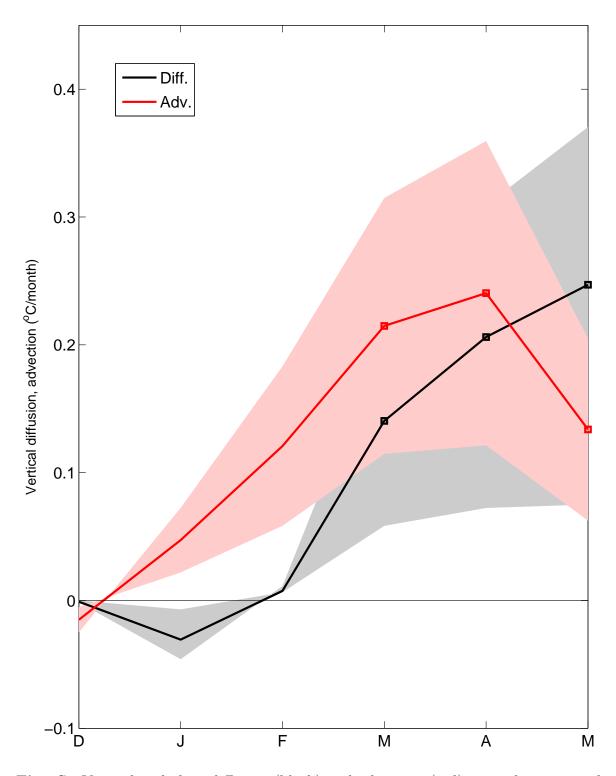


Fig. S2 Vertical turbulent diffusion (black) and advection (red) anomalies averaged in the ENA ($2^{\circ}N-8^{\circ}N$, $15^{\circ}W-40^{\circ}W$) and regressed onto the first EOF of MAM SST (shown in Fig. 1). Squares indicate values that are significant at the 95% level. Shading represents error bars.

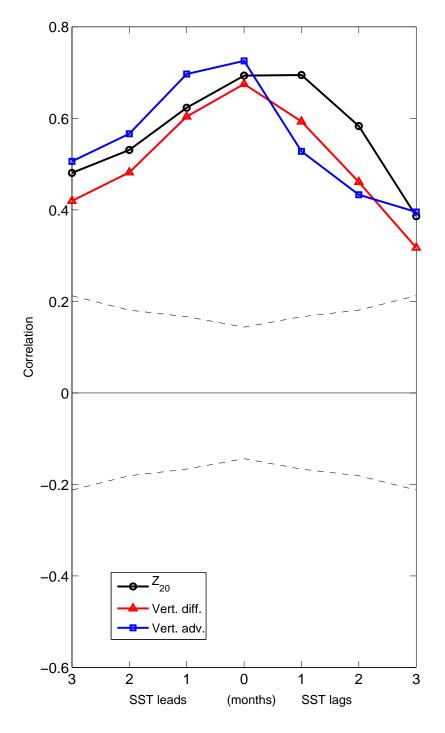


Fig. S3 Lagged correlations of thermocline depth (solid black), vertical turbulent diffusion (red), and vertical advection (blue), averaged in the ENA region (2°N–8°N, 15°W–40°W), with the cross-equatorial gradient of SST, defined as SST in the ENA minus SST averaged between 0°–8°S, 0°–30°W. Correlations are performed for 1982–2010 during Jan–Jun. Dashed lines are the 95% significance level.

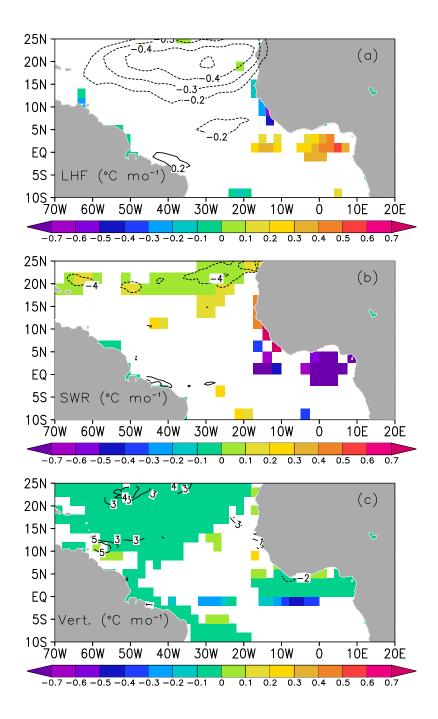


Fig. S4 (a) DJF wind speed (contours, m s⁻¹) and latent heat flux (shaded, °C mo⁻¹, positive indicates warming of the ocean) anomalies regressed onto the first EOF of MAM SST. Values are shown only where significant at the 95% level. (b) Same as (a) except anomalies of mixed layer depth (contours, m) and surface shortwave radiation (shading, °C mo⁻¹). (c) Same as (a) except contours are thermocline depth (estimated as the depth of the 20°C isotherm, in meters) and shading is vertical heat flux at the base of the mixed layer (°C mo⁻¹).

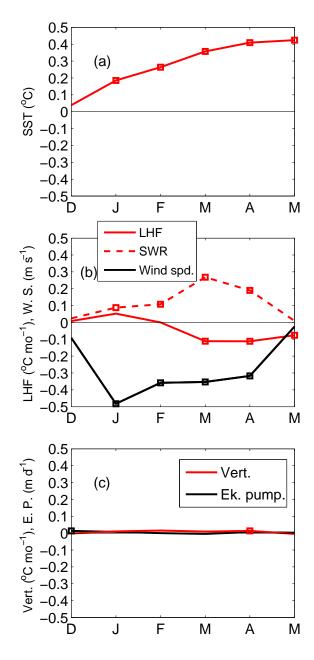


Fig. S5 (a) SST averaged in the tropical North Atlantic (8°N–20°N, 20°W–45°W) and regressed onto the first EOF of MAM SST during Dec–May 1982–2010. Squares indicate regression coefficients that are significant at the 95% level. (b) Same as (a) except for latent heat flux (solid red), surface shortwave radiation (dashed red), and surface wind speed (black). (c) Same as (a) except for vertical heat flux at the base of the mixed layer (red) and wind-driven upwelling (black curve, with positive values indicating downward velocity). Positive values of LHF, SWR, and vertical heat flux (red curves in (b) and (c)) indicate warming of the mixed layer.

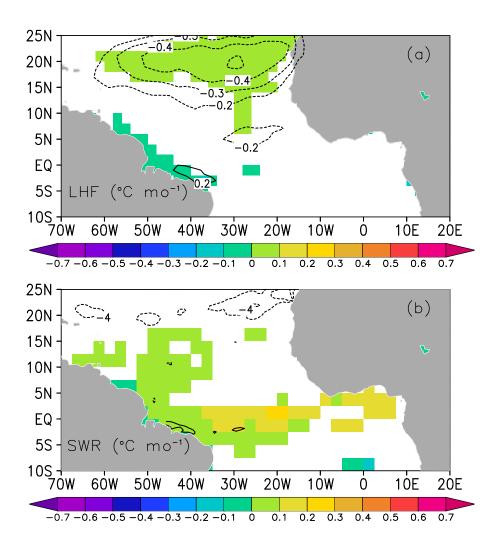


Fig. S6 (a) DJF wind speed (contours, m s⁻¹) and latent heat flux (shaded, °C mo⁻¹, positive indicates warming of the ocean) anomalies regressed onto the first EOF of MAM SST. Values are shown only where significant at the 95% level. (b) Same as (a) except anomalies of mixed layer depth (contours, m) and surface shortwave radiation (shading, °C mo⁻¹). Climatological MLD was used for the calculation of LHF and SWR in (a) and (b).

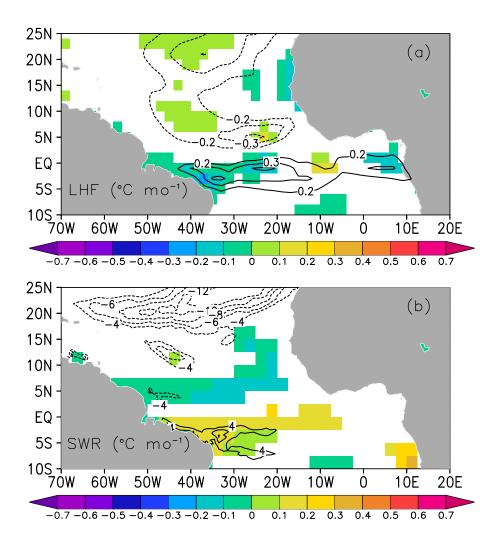


Fig. S7 (a) MAM wind speed (contours, m s⁻¹) and latent heat flux (shaded, °C mo⁻¹, positive indicates warming of the ocean) anomalies regressed onto the first EOF of MAM SST. Values are shown only where significant at the 95% level. (b) Same as (a) except anomalies of mixed layer depth (contours, m) and surface shortwave radiation (shading, °C mo⁻¹). Climatological MLD was used for the calculation of LHF and SWR in (a) and (b).

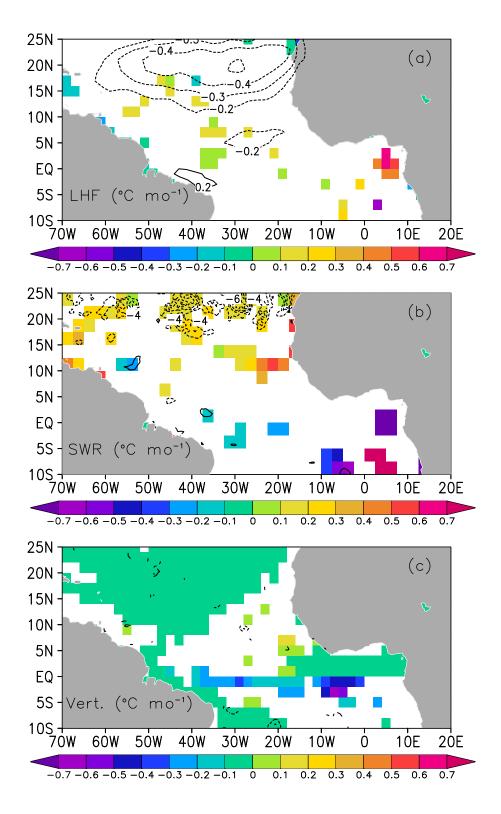


Fig. S8 Same as Fig. S4 except latent heat flux (a), shortwave radiation and mixed layer depth (b), and vertical advection and thermoclined depth (c) were calculated from SODA instead of GODAS.

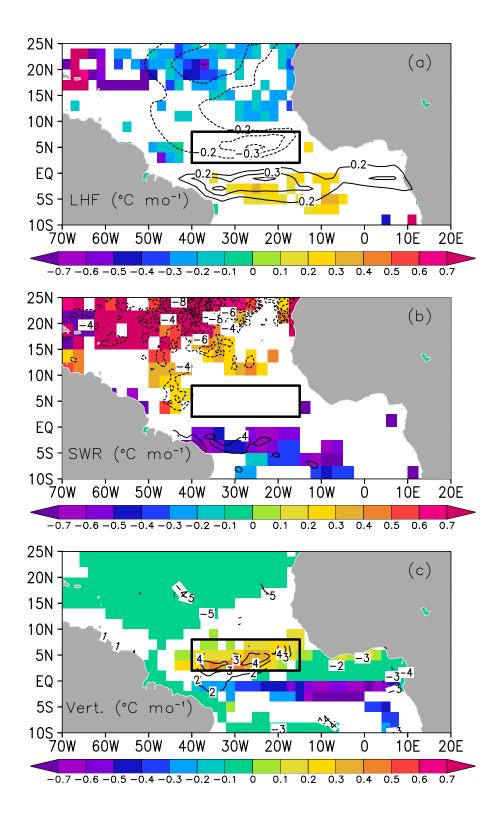


Fig. S9 Same as Fig. S8 except MAM anomalies regressed onto first EOF of MAM SST. Black boxes enclose the equatorial North Atlantic region.